

WHAT IS PALLIATIVE CARE?



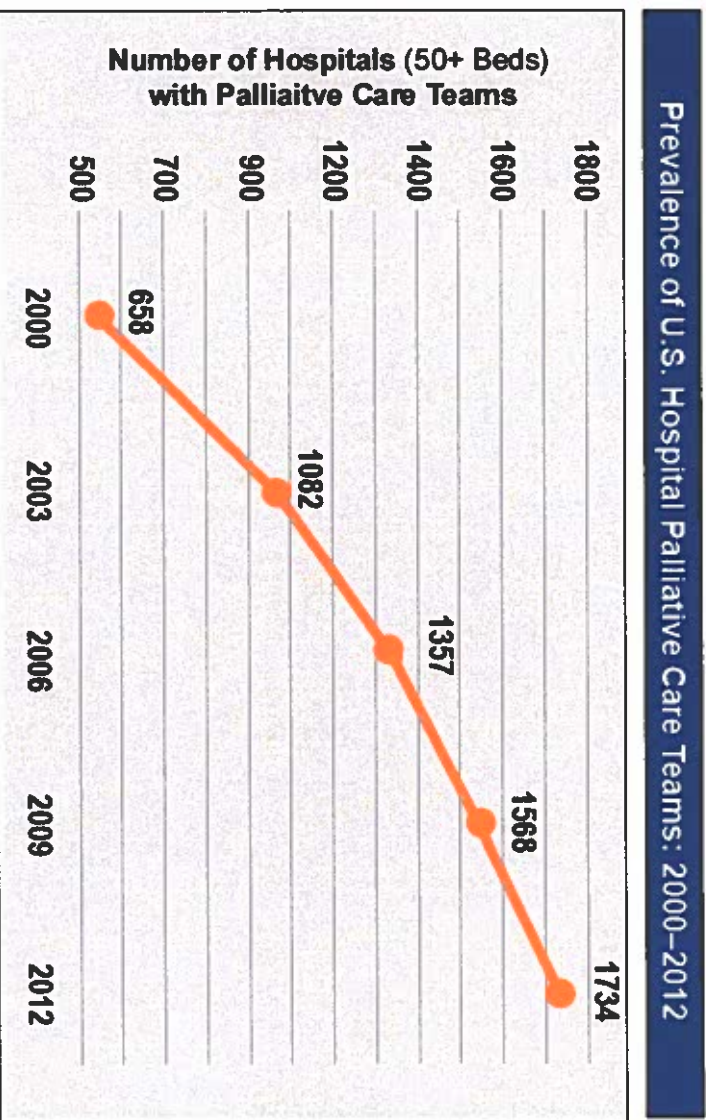
Palliative care is specialized care for people with serious illness that focuses on improving quality of life for patients and their families. It provides patients of any age with relief from the symptoms, pain and stress of a serious illness— whatever the diagnosis.

Palliative care is provided by a team of doctors, nurses and other specialists who work together with a patient's other doctors to provide an extra layer of support. Palliative care can be provided along with curative treatment.



PALLIATIVE CARE GROWTH IN THE U.S.

As of 2012,
1,734
out of
2,844 hospitals with
50 beds or more
reported a team.
These teams
are serving
an estimated
6 million
Americans.



The prevalence of palliative care in U.S. hospitals with 50 beds or more has nearly tripled since 2000, reaching 61 percent of all hospitals of this size.



PALLIATIVE CARE IS NOW A KEY STANDARD OF PRACTICE IN LEADING U.S. NEWS HONOR ROLL HOSPITALS

100% of the U.S. News 2014 – 2015 Honor Roll Hospitals Have Palliative Care

- Barnes-Jewish Hospital/Washington University, St. Louis
- Mayo Clinic, Rochester, Minnesota
- Mount Sinai Hospital, New York
- Brigham and Women's Hospital, Boston
- New York-Presbyterian University Hospital of Columbia and Cornell, New York
- Cedars-Sinai Medical Center, Los Angeles
- Northwestern Memorial Hospital, Chicago
- Cleveland Clinic
- NYU Langone Medical Center, New York
- Duke University Hospital, Durham, North Carolina
- UCLA Medical Center, Los Angeles
- UCSF Medical Center, San Francisco
- Hospitals of the University of Pennsylvania-Penn Presbyterian, Philadelphia
- University of Washington Medical Center, Seattle
- Johns Hopkins Hospital, Baltimore
- UPMC-University of Pittsburgh Medical Center
- Massachusetts General Hospital, Boston



PALLIATIVE CARE IS NOW A KEY STANDARD OF PRACTICE IN LEADING U.S. NEWS HONOR ROLL HOSPITALS

100% of the U.S. News 2014 – 2015 Honor Roll Children's Hospitals Have Palliative Care

- Ann and Robert H. Lurie Children's Hospital of Chicago
- Boston Children's Hospital
- Children's Hospital Colorado, Aurora
- Children's Hospital Los Angeles
- Children's Hospital of Philadelphia
- Children's Hospital of Pittsburgh of UPMC
- Cincinnati Children's Hospital Medical Center
- Johns Hopkins Children's Center, Baltimore
- Nationwide Children's Hospital, Columbus, Ohio
- Texas Children's Hospital, Houston



PALLIATIVE CARE IS NOW A KEY STANDARD OF PRACTICE IN LEADING HEALTH CARE ORGANIZATIONS

100%

Of the top 20 NIH-funded medical schools

97%

*of the Council of Teaching Hospitals and
Health Systems® member organizations*

87%

*of the National Cancer Institute's designated
comprehensive cancer centers*

NATIONAL PALLIATIVE CARE
Registry™



ABILITY TO REACH PATIENTS IN NEED

In 2012,
the 355 palliative care
teams participating in
the Registry cared for

4% of average
hospital admissions.

Teams with the
highest penetration rates
reached an average of
7% annual
hospital admissions.

Palliative care service penetration refers to the percent of annual hospital admissions treated by a palliative care team. It is an estimate of how well programs are reaching patients in need.

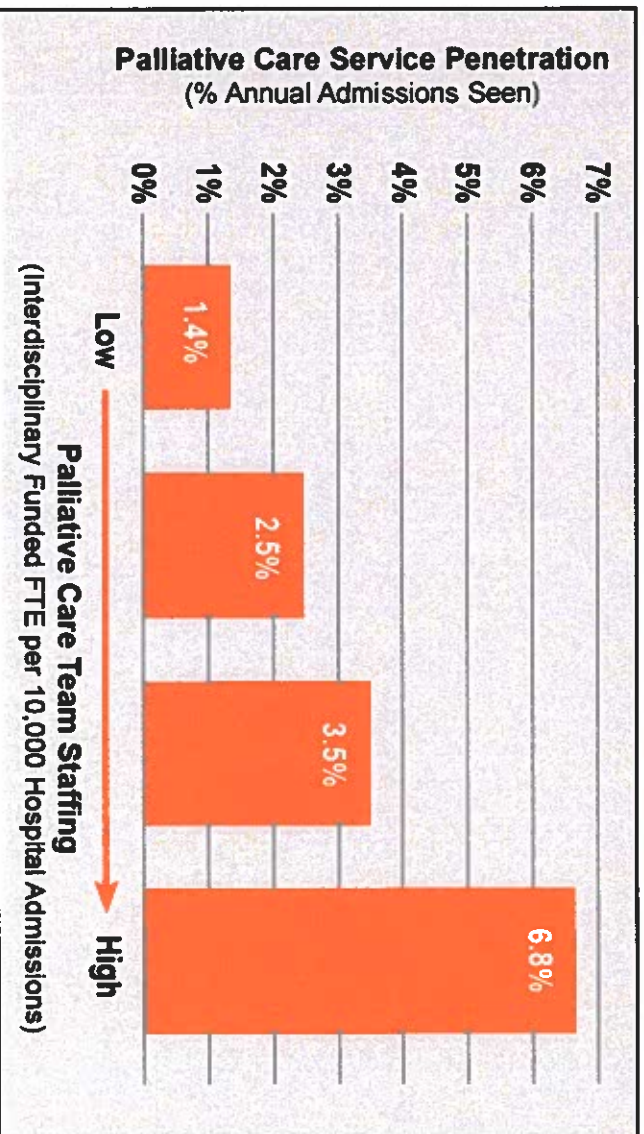
Ten years ago, as a relatively new field, leading palliative care programs were reaching 1 percent to 2 percent of annual hospital admissions.

By 2012, the number of people served by palliative care programs in the United States tripled, due to the increase in the absolute number of programs and their ability to care for a greater number of people living with serious illness.



HIGHER STAFFING RESULTS IN PALLIATIVE CARE SERVING MORE PATIENTS, 2012

Impact of Staffing on Reaching Patients in Need



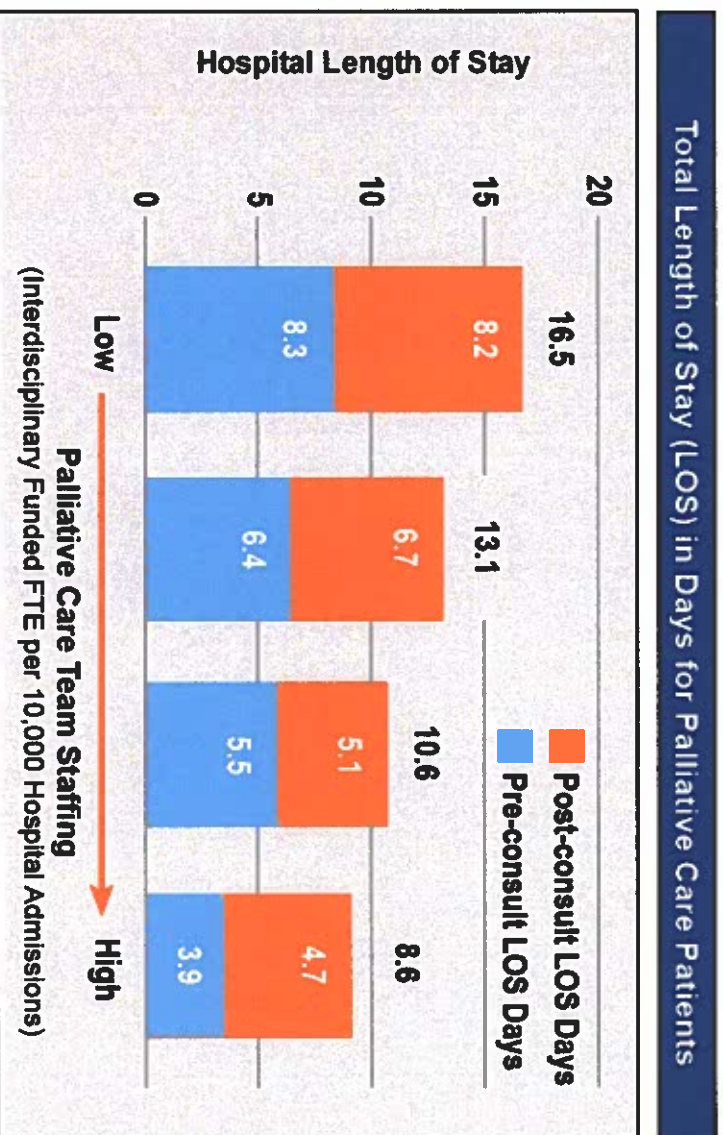
This chart shows the mean palliative care service penetration for palliative care teams, from the lowest to highest quartiles in terms of staffing.

Higher staffing levels are a key determinant of higher penetration rates (serving more patients in need).

Insufficient staffing continues to present a barrier to reaching patients in need.

Source: CAPC analysis of 2012 National Palliative Care Registry™ Annual Survey

HIGHER STAFFING RESULTS IN SHORTER PALLIATIVE CARE PATIENT LENGTH OF STAY, 2012



This chart shows the mean length of stay in days (pre-consult, post-consult and overall) for patients seen by a palliative care team. The x-axis represents the participating palliative care teams from the lowest to the highest quartiles in terms of staffing.

Programs with higher staffing levels see patients earlier in their stay. This leads to shorter overall length of stay for palliative care patients.

Source: CAPC analysis of 2012 National Palliative Care Registry™ Annual Survey



Copyright 2014 Center to Advance Palliative Care. Reproduction by permission only.