



Grief Group and Volunteer Training - Starting Soon!



We have a Grief Group that will take place in Mt. Desert at the Somesville Union Meeting House starting in April and a Patient Care Volunteer training starting in May in Blue Hill. Please see below for more details.

County!

Volunteers are needed in all areas of Hancock

“There is something infinitely healing in the repeated refrains of nature - the assurance that dawn comes after night, and spring after winter.” — **Rachel Carson**



Grief Support Group

April 21 - June 9, 2026
Tuesdays, 10:00am-12:00pm

Location: **Somesville Union Meeting House, 1136 Main St. Mt. Desert**

If you are struggling with grief, consider joining our upcoming group. Our trained facilitators provide an accepting and safe space for you and others to share thoughts and emotions around your loss. Our groups meet for eight weekly sessions, and those who attend find the support they need as they support others.

Comments shared by grief group participants:

- "It was helpful being able to have real conversations about grief."
- "Being with others who are also grieving helped me to feel normal."
- "I appreciated being able to share in a safe space."
- "The facilitators were kind, gentle, understanding, and knowledgeable."
- "It was helpful to just be able to laugh and cry together."
- "I appreciated the opportunity to share or not share and just listen."



To Register

Scan QR Code Above
or call 207-667-2531
or email

info@hospiceofhancock.org



Facilitated by Volunteers,
Mike Woodard and Cookie Horner.

[CLICK HERE to Register.](#)



PATIENT CARE VOLUNTEER TRAINING

Providing support to patients with life limiting illness and their families.

Become A Volunteer

Journey alongside patients and families with compassion and care. In a few hours per week, you can provide comfort and connection to patients with a life-limiting illness or patients on medical hospice or palliative care.

When you become a HVHC Volunteer, you join a team of 85+ volunteers in Hancock County who share a commitment to offer comfort, presences and support.

Thursday | 9:30 AM -12:30 PM
May 7, 14, 21, 28, 2026
Blue Hill Library Bass Room

The training is designed to prepare you for the important role of supporting patients and families during end-of-life care.

The training includes 12 hours in-person and 8.5 hours online.
Apply online or call to begin your journey as a HVHC Volunteer.

Your Impact



Companionship

Personalized presence through shared activities, conversation, reading, music and more.



Vigil Support

Sit at bedside and provide a calm presence for those nearing the very end of life.
Additional training required.



Respite

Offer trusted support, giving caregivers time to rest, recharge or take care of life's needs.



Additional Needs

- Reiki (Level 1 or above)
- Pet Therapy
- Evensong Singers in Blue Hill



207-667-2531



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Ellsworth, Maine



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